

Building a house for social change

My name's Désiré Tuyishemeze from Burundi (East Africa). I am the founder of an organization for mental health and psychosocial support called "Psychosocial Support-Umutwenzi". The health system in Burundi is very weak in general and when it comes to mental health, interest becomes more and more little. Neglecting mental health in a country like Burundi has a big burden on the population health, development and the economy of the country. Many years of civil war left many people traumatized, fragilized the social fabric and destroyed families and communities. The poverty, the unemployment situation for youth and the frequent natural disasters negatively weight on mental health and psychosocial wellbeing of Burundians. Women, youth and children are the most affected by all these situations. They suffer from mental health illnesses and go through psychosocial difficulties (Post traumatic stress disorders, depression, anxiety, etc). A study done by the ministry of health in 4 provinces representatives of the country this year showed that 4 persons out of 10 present psychological problems.

As a clinical psychological dreaming and acting for positive social change I decided to bring my contribution to changing this situation. I am building a house and a room will serve as an office to help children suffering from mental health difficulties. This house is being built and currently is 80 % built. Your support will help to finalize it and make it able to host people. Below are the remaining activities and their costs. Thank you very much for your support.

Designation	Quantity of house	Cost per unit in Burundian Francs	Cost in Euro
1. Floor tiles	1	6 150 000	
2. Ceiling	1	2 500 000	
3. Sanitary	1	2 500 000	
4. Water and Electrical installation	1	1000 000	
5. Painting	1	800 000	
6. Glasses for doors and windows	1	800 000	
Total		13 750 000	3 929

